

ANZSOM NSW / ACT Branch Winter Weekend Meeting Welcome to BOWRAL

Friday 23rd – Sunday 25th August 2024

Join us in the picturesque Southern Highlands town of Bowral for our 2024 Winter Weekend Meeting. The diverse technical and social program includes:

- A site visit on the Friday afternoon, to Australian BioResources, a state-of-the-art laboratory animal facility, owned and operated by the Garvan Institute of Medical Research
- Wine tasting with grazing boards by an open fire, followed by dinner, on the Friday night
- NSW/ACT Branch Annual General Meeting
- Talks and peer review of cases qualifying for Category 2 CPD points – please bring a case to discuss
- Golf and local activities on Sunday morning

Date: Friday 23rd – Sunday 25th August 2024

Venue: Park Proxi Gibraltar Bowral
7 Boronia St, Bowral, NSW 2576

Cost (excluding accommodation):

Full Program – Members \$240, Non-members \$270

Friday includes: site visit, afternoon tea, wine tasting, grazing platter and dinner including drinks at Park Proxi Gibraltar

Saturday includes: all sessions, lunch and afternoon tea

Friday only – Members \$140, Non-members \$170

Includes site visit, afternoon tea, wine tasting, grazing platter and dinner including drinks at Park Proxi Gibraltar

Saturday only – Members \$100, Non-members \$130

Includes all sessions, lunch and afternoon tea

Registrations now open – <https://www.trybooking.com/CSZJB>

RSVP by Monday 19th August 2024

Accommodation: The above costs exclude accommodation. The venue is offering special discounted rates to delegates. To book accommodation, please contact Surena Dhaka on surena@parkproxibowral.com. Please indicate the dates, number of people, room type and mention ANZSOM. Note that breakfast is included in the room rate.

Weekend Meeting Program

| FRIDAY 23 rd AUGUST | |
|----------------------------------|--|
| 2.00pm – 3.30pm | <p>Site visit - Australian Bioresources (ABR) 9-11 Lackey Rd, Moss Vale NSW 2577</p> <ul style="list-style-type: none"> • No PPE requirements • No ID is required for sign in • Afternoon tea provided |
| 6.00pm | <p>Wine tasting Wine tasting and local produce grazing platters in front of an open fire at Park Proxi Gibraltar</p> |
| 7.30pm | <p>Dinner Dinner at Park Proxi Gibraltar including wines and other beverages</p> |
| SATURDAY 24 th AUGUST | |
| 9.00am – 10.00am | Opportunity to have an Annual Conversation with colleagues |
| 10.00am – 10.15am | <p>ANZSOM NSW/ACT Branch Annual General Meeting Office bearer positions up for election – click here to download nomination form</p> |
| 10.15am – 12.00pm | <p>Occupational sensitisation and allergy in laboratory animal workers Dr Catherine Field, Occupational Physician</p> <p>Medicinal cannabis update Dr Sarah Moss, Occupational Medical Practitioner</p> <p>History of Occupational Medicine – the story continues <i>Follow up from the Witness Seminar in March 2022 and upcoming activities at the ANZSOM ASM in October 2024</i> Dr Maggie Goldie, Occupational Physician</p> <p>Routine medicals – for whose benefit? Dr Warren Harrex, Occupational and Environmental Physician</p> |
| 12.00pm – 1.00pm | Lunch |
| 1.00pm – 3.00pm | <p>Peer review case discussions (<i>Qualifying for Category 2 CPD points</i>) Including discussion regarding storage of medical records – Amanda Tompson NOTE: Participants to bring a case to discuss</p> |
| 3.00pm | Afternoon tea |
| SUNDAY 25 th AUGUST | |
| | <p>Breakfast with further opportunity to have Annual Conversation for CPD points with colleagues Local activities – market, bush walks, golf</p> |

Speaker profiles

Dr Catherine Field, Occupational Physician

Dr Catherine Field is a consultant occupational physician in private practice in Sydney, with over 20 years' experience in occupational medicine. She consults to a wide range of industries, in both the public and private sectors. She has also been an AFOEM supervisor and examiner and is a long-term member of ANZSOM.

Sensitisation to laboratory animals can be a problem in research workers. Dr Field will present a relevant case and discuss occupational sensitisation, its consequences and preventative strategies including relevant risk control measures and health surveillance.



Dr Sarah Moss, Occupational Medical Practitioner

Dr Sarah Moss is an Occupational Medical Practitioner in Sydney. She has vast experience in MRO work for over 20 years and is a Board member and on the Teaching Faculty of AMROA (Australasian MRO Association).



Dr Maggie Goldie, Occupational Physician

A highly regarded occupational physician who has made a specialty of occupational health and safety working for large multinational companies. She is passionate about preventing harm to people in the workplace with a track record of achieving this by working with management and cross functional teams across a broad range of industries both nationally and internationally. Implementation of short and long term improvement strategies have been based on building robust systems for managing health and safety and winning commitment through consultation, education and training. Success is achieved by using superior communication skills to influence changes in behavior and culture so that real and lasting improvement can be embedded in the organisation.



Dr Warren Harrex, Occupational and Environmental Physician

Dr Harrex is a consultant occupational and environmental physician in private practice in Canberra. Prior to this he served in the RAAF for 26 years including appointments as Director General of Clinical Services for the Australian Defence Force and the Director General of Air Force Health Services. He subsequently worked with the Department of Veterans Affairs and contributed to several health studies of veterans.

He has been the President of the Australasian Faculty of Occupational and Environmental Medicine in the RACP since May 2022. He is the Faculty's representative on the RACP COVID-19 Clinical Expert Reference Group, a member of the RACP Accelerated Silicosis Lead Fellows Group and a past Chair of the RACP campaign on the Health Benefits of Good Work®.

He is a co-author of several journal articles on the impact of COVID-19 on healthcare workers.

